



ANNUAL DRUG & ALCOHOL ABUSE PREVENTION PROGRAM NOTICE

DRUG AND ALCOHOL ABUSE PREVENTION PROGRAM (DAAPP) NOTICE

In accordance with requirements of the Drug-Free Schools and Communities Act Amendments of 1989 and the Higher Education Opportunity Act of 2008, Texas A&M University-Texarkana (TAMUT) disseminates the following information to all students and employees on an annual basis:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
- A description of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of available drug or alcohol counseling, treatment, rehabilitation, re-entry or employee assistance programs.
- A clear statement of the disciplinary sanctions that the university will impose on students and employees who violate the standards of conduct.

TAMUT is committed to the elimination of alcohol abuse and illicit drug use and protecting the health and safety of students and employees. Substance abuse not only disrupts the workplace, but also endangers the lives of those on our campuses. We all must help prevent alcohol abuse and illicit drug use from negatively affecting the learning environment. The university expects its students and employees to cooperate in maintaining an environment free from the effects of substance abuse and to comply with laws and regulations related to the consumption, possession, sale and distribution of alcohol and other drugs.

Alcohol & Drug Program

TAMUT formally established an alcohol and drug program to address substance abuse prevention and treatment and comply with Federal Regulations such as the Drug-Free Workplace Act of 1988 and the Omnibus Transportation Employee Testing Act of 1991. The program provides education, intervention and referral of employees and students with substance abuse problems. [System Regulation 34.02.01, Drug and Alcohol Abuse and Rehabilitation Programs](#) details who is covered by these Acts, establishes procedures for random alcohol and drug testing, and specifies the consequences for substance abuse by employees.

Standards of Conduct

All TAMUT employees and students are expected to comply with federal, state and local drug laws as well as System Policies, and University Rules and Procedures. Employees and students are also required to abide by [System Policy 34.02, Drug and Alcohol Abuse](#) and [System Regulation 34.02.01, Drug and Alcohol Abuse and Rehabilitation Programs](#).



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Employees and students are prohibited from manufacturing, possession, controlling, selling, transmitting, using, being under the influence or being a party to any illegal drug or controlled substance use on University premises or at any of its activities, including but not limited to University sponsored on or off campus activities and professional meetings attended by employees.

State law prohibits the consumption and possession of alcohol by persons under the age of 21 and the supplying of alcohol to any person under the age of 21.

Disciplinary Sanctions

An employee who violates any of the System policies and regulations or University rules and procedures; including local, state or federal laws will be subject to University disciplinary actions, up to and including suspension without pay, transfer, demotion, reduction in salary, dismissal, and/or referral for prosecution.

Disciplinary action regarding alcohol or drug related violations by students may result in suspension or expulsion from the University and/or referral for prosecution.

According to federal regulations, students convicted for a drug offense that occurred during a period of enrollment while they were receiving Title IV Federal Financial Aid, may lose eligibility for Federal Aid. For more information regarding financial aid eligibility, click [here](#).

Legal Sanctions

An employee or student who violates any of these alcohol or drug laws will be reported to the appropriate law enforcement agency and will be subject to prosecution in accordance with the law. Legal sanctions for violation of local, state and federal laws may include, but not be limited to: fines, probation, jail or prison sentences.

Misdemeanor charges:

Minor in Possession (MIP)	Class C Misdemeanor
Public Intoxication	Class C Misdemeanor
Driving Under the Influence (DUI)	Class C Misdemeanor
Driving While Intoxicated (DWI)	Class B Misdemeanor
Providing Alcohol to a Minor or Purchasing Alcohol for a Minor	Class A Misdemeanor
Open Container of Alcohol in a Motor Vehicle	Class C Misdemeanor
Possession of a Dangerous Drug	Class A Misdemeanor
Providing a Dangerous Drug to Another Person	State Jail Felony
Consumption of Alcohol After Hours	City Ordinance



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Sanctions/penalties:

Class C Misdemeanor:	Can include fine up to \$500, community service, alcohol education classes, and 30-day up to 180-day driver's license suspension.
Class B Misdemeanor:	Can include fine up to \$2000, community service, and 72-hour minimum confinement.
Class A Misdemeanor:	Can include fine up to \$4000, up to 1 year in jail, and 180-day driver's license suspension.
State Jail Felony:	Can include fine up to \$10,000 and 180 days to 2 years in jail.

Federal drug laws/penalties:

The possession, use, or distribution of illicit drugs is prohibited by federal law. Under federal law ([DEA, Title 21, Section 844](#)), for simple possession of a controlled substance, one may be imprisoned for up to one year and/or fined up to \$1,000.00. For subsequent offenses, one may be imprisoned for up to three years and/or fined up to \$5,000.00. Under federal law, one may be fined up to \$8,000,000.00 and/or may be sentenced from not less than 10 years up to life in prison for trafficking in drugs. For violations of other federal drug laws, one may receive life in prison or the death penalty

Health Risks Associated with the Use of Illicit Drugs and the Abuse of Alcohol

Alcohol abuse is a prime contributor to suicide, homicide, and motor vehicle accidents and deaths. Alcohol and drug abuse can also lead to chemical dependency, premature death through overdose, brain damage, gastritis, anemia, and other physical problems.

The use of illicit drugs can result in a wide range of health problems, including seizures, heart problems, liver diseases, chronic brain dysfunctions, HIV/AIDS, other diseases and infections, and death. Substance abuse can also cause addiction, memory loss, hallucinations and paranoia.

- **Alcohol:** Effects of use include slurred speech, drowsiness, headaches, impaired judgment, decreased perception and coordination, distorted vision and hearing, vomiting, breathing difficulties, unconsciousness, coma, blackouts, toxic psychosis, physical dependence, neurological and liver damage, fetal alcohol syndrome, vitamin B1 deficiency, sexual problems, cancer, physical dependence
- **Amphetamines:** Also known as uppers, speed, meth, crack, crystal, ice, pep pills. Effects of use include increased heart rate, increased blood pressure, dry mouth, loss of appetite, restlessness, irritability, anxiety, delusions, hallucinations, heart problems, hypertension, irritability, insomnia, toxic psychosis, physical dependence.
- **Barbiturates and Tranquilizers:** Also known as barbs, bluebirds, blues, yellow jackets, red devils, roofies, rohypnol, ruffies, tranqs, mickey, flying v's. Effects of use include slurred speech, muscle



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relaxation, dizziness, decreased motor control, severe withdrawal symptoms, possible convulsions, toxic psychosis, depression, physical dependence.

- **Cocaine:** Also known as coke, crack, snow, powder, blow, rock. Effects of use include loss of appetite increased blood pressure and heart rate, contracted blood vessels, nausea, hyper-stimulation, anxiety, paranoia, increased hostility, increased rate of breathing, muscle spasms and convulsions, dilated pupils, disturbed sleep, psychosis, chronic cough, nasal passage injury, kidney, liver and lung damage.
- **Marijuana/Cannabis:** Also known as pot, grass, dope, weed, joint, bud, reefer, doobie, roach. Effects of use include sensory distortion, poor coordination of movement, slowed reaction time, panic, anxiety, bronchitis, lethargy, shortened attention span, suppressed immune system, personality changes, cancer, psychological dependence, physical dependence possible for some.
- **Morphine/Opiates:** Also known as M, morf, duramorph, Miss Emma, monkey, roxanol, white stuff. Effects of use can include euphoria, increased body temperature, dry mouth, “heavy” feeling in arms and legs, constipation, loss of appetite, collapsed veins, heart infections, liver disease, depressed respiration, pneumonia and other pulmonary complications, physical and psychological dependence.

Emotional consequences of alcohol and drug abuse are often minimized. These substances can cause personality changes which contribute to problems in dealing with family and co-workers. The personality changes may seriously impair a person and these changes can lead to psychological problems and mental illnesses. Substance abuse may also disrupt effectiveness on the job, reduce motivation, cause legal and financial problems and contribute to social problems.

For additional health risks associated with alcohol and drug abuse:

- [Department of Justice, Drugs of Abuse](#)
- [National Institute of Alcohol Abuse, and Alcoholism, Alcohol’s Effect on the Body](#)
- [Center for Disease Control and Prevention, Fact Sheets- Alcohol Use and Your Health](#)
- [National Institute on Drug Abuse](#)

Counseling Services for Employees/Employee Assistance Program

Work/Life Solutions Program by GuidanceResources®

Office Hours: Open 24 hours Everyday

Active employees: 866-301-9623

TTY: 800-697-0353

Online: www.guidanceresources.com

App: GuidanceNow ([App Store](#)) ([Google Play](#))

Organization Web ID: TAMUS



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Student Counseling & Referral Service

Office Hours: 8:00 a.m. to 5:00 p.m., Monday-Friday

University Center, Room 427

Office: (903) 223-3186

After Hours Crisis Line: (903) 276-8276

E-mail: counseling.services@ace.tamut.edu

Community Resources

- Local Mental Health Authority, Community Healthcore, (800) 832-1009, (903) 831-1034
- National Suicide Prevention Lifeline, 1-800-273-TALK (8255)
- Beginning Regional Abuse Recovery, 601 Pine St., Texarkana, TX, (903) 838-9381
- Alcoholics Anonymous, 2013 S. Ann St., Texarkana, TX, (903) 794-4731
- Netcada, 1414 New Boston Rd., Texarkana, TX, (903) 794-0430
- Red River Council on Alcohol, 317 Laurel Street, Texarkana, AR, (870) 772-3292
- Texarkana Area of Narcotics Anonymous (NA) (870) 773-8470
- Summerhill Counseling Center, 4091 Summerhill Sq., Texarkana, TX, (903) 792-8887
- Serenity Club, 2013 S. Ann St., Texarkana, TX, (903) 792-5713