

**NURS 302 – Health Assessment Across the Life Span
RN to BSN Program
Texas A&M University-Texarkana**

Syllabus

Fall 2011



College of Science, Technology, Engineering, & Mathematics

Web-based Format

**Texas A&M University-Texarkana
RN to BSN Program**

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| COURSE NUMBER: | NURS 302 |
| COURSE TITLE: | Health Assessment Across the Life Span |
| COURSE LOCATION: | Online |
| COURSE CREDIT: | 3 semester hours (3-0) |
| PREREQUISITES: | Admission into the college and RN to BSN Program |
| COURSE FACULTY: | Carolyn A. Prosis, MSN, RN, CNOR Nursing Dept. Coordinator/Asst. Professor Phone 254-519-5487 Email: cprosis@tamut.edu Office Hours: Mon., - Fri. 0900-1600 by Appt. |

COURSE DESCRIPTION:

Introduces the concepts and techniques of health and cultural assessment of individuals and families across the life span, for use with the nursing process. Emphasizes history/data collection and critical analysis in situations of health and deviations from health. Student learn clinical assessment skills, analysis, and decision-making for nursing practice.

STUDENT LEARNER OUTCOMES:

The student will be able to:

1. Apply concepts of communication theories in conducting a physical assessment interview.
2. Demonstrate comprehensive knowledge of health assessment and the appropriate skills in assessing health status of children and adults of all ages.
3. Utilize the components of the nursing process to assist individuals/families to obtain/maintain optimal health.
4. Use appropriate nursing role behaviors in assessing an individual.
5. Identify normal physical and psychosocial responses in an individual.
6. Demonstrate a complete and thorough physical assessment incorporating components of the nursing process.

COURSE COMPETENCIES:

The following course competencies apply to successful completion of this course. The student will demonstrate the ability to:

1. Perform a complete adult physical assessment.
2. Formulate nursing documentation of a complete adult physical assessment.
3. Discuss normal physical and psychosocial responses of an individual.

REQUIRED TEXT:

**Seidel, H. M., Ball, J. W., Dains, J. E., Flynn, J. A., Solomon, B. S. & Stewart, R. W. (2011).
Mosby's guide to physical examination (7th Ed.). Philadelphia, PA: Mosby and Elsevier.
ISBN 978-0-323-05570-3**

TEACHING STRATEGIES:

Teaching strategies used in the course include, but are not limited to, online lectures, assignments, discussions, instructional media, self-directed laboratory/clinical experiences, web-based independent learning activities, and online quizzes. These methods of instruction are self-directed and paced by the student and will be used throughout the course to assist the student in achieving objectives and goals.

GRADING SCALE:

A = 90 - 100
B = 80 - 89
C = 70 - 79
D = 60 - 69
F = 59 and below

THEORY COMPONENT:

A. Course Participation:

Students will be expected to participate in all activities related to the course. An example of inclusive data will be provided as a guide to successful completion of the physical assessment. Any assignments submitted after the due date will not be accepted, resulting in a grade of zero for that assignment. Faculty will be available online during designated class times on the dates outlined in the course calendar. Faculty may also be reached during scheduled office hours.

B. Quizzes: This course is self-paced which requires self-learning. To complete the quizzes, student will need to observe/do the following:

1. Students will have an unlimited time for each quiz, but may attempt the quiz only once.
2. Quizzes will be available to students at the beginning of the course but must be completed no later than the assigned date for that quiz on the calendar. Students are advised to complete the online materials, assignments, and readings prior to attempting a quiz.

3. Quizzes will be derived from online lectures and discussions, assigned readings, online assignments, and audiovisual references.

Final Demonstration

Students will record a video with sound of an adult physical assessment. 1) The student will not be allowed any prompting materials during the final assessment demonstration. 2) The student must actually put your hands on the patient and demonstrate the physical assessment for credit. 3) The student will be expected to complete a narrative documentation of the physical assessment at the end of the demonstration. 4) The student must achieve a pass mark on the final assessment in order to pass the course.

Final assessment videos may be completed any time, and include a Practice Log before it is submitted, and it must be completed by the date(s) on the course calendar. If the student is not successful, he/she must repeat the physical assessment, however, there will only be one opportunity to repeat the demonstration. A documentation narrative must be completed for the repeat demonstration also. If the student is unable to perform a satisfactory physical assessment, a failing grade (F) will be assigned as the final grade for the course.

EVALUATION METHODS:

The students' performance will be evaluated using the following methods:

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|---|------------|
| Quizzes (5 Quizzes worth 10% each) | 50% |
| Online Assignments (5 Assignments worth 10% each) | <u>50%</u> |
| | 100% |
| Final Assessment Demonstration With Documentation | Pass/Fail |

LATE WORK

All work is due on the date and time assigned by midnight. Work that is not received by the due date and time will be considered late unless prior arrangements have been made with the faculty. Work submitted after the due date will be subject to a 10% per day reduction in grade.

WEB-COURSE ETIQUETTE:

Online learning is not the same as being in the class room, but it does afford the student the freedom to work when it is best for them, 24 hours a day, 7 days a week. Faculty will strive to answer e-mails in a timely manner, but if you need assistance, please call the office or e-mail us through Blackboard. E-mails will be checked regularly.

OTHER MATTERS:

The instructor reserves the right to make any changes to the syllabus deemed necessary at any time throughout the semester.

DISABILITY ACCOMMODATIONS:

Students with disabilities may request reasonable accommodations through the A&M-Texarkana Disability Services Office by calling 903-223-3062.

ACADEMIC INTEGRITY:

Academic honesty is expected of students enrolled in this course. Cheating on examinations, unauthorized collaboration, falsification of research data, plagiarism, and undocumented use of materials from any source, constitute academic dishonesty, and may be grounds for a grade of "F" in the course and/or disciplinary actions." For additional information see the university policy manual.

A&M-TEXARKANA EMAIL ADDRESS:

Upon application to Texas A&M University-Texarkana an individual will be assigned an A&M-Texarkana email account. This email account will be used to deliver official university correspondence. Each individual is responsible for information sent and received via the university email account and is expected to check the official A&M-Texarkana email account on a frequent and consistent basis. Faculty and students are required to utilize the university email account when communicating about coursework.

DROP POLICY:

University Drop Policy: To drop this course after the 12th class day, a student must complete the Drop/Withdrawal Request Form, located on the University website (<http://tamut.edu/Registrar/droppingwithdrawing-from-classes.html>) or obtained in the Registrar's Office. The student must submit the signed and completed form to the instructor of each course indicated on the form to be dropped for his/her signature. The signature is not an "approval" to drop, but rather confirmation that the student has discussed the drop/withdrawal with the faculty member. The form must be submitted to the Registrar's office for processing in person, email Registrar@tamut.edu, mail (P. O. Box 5518, Texarkana, TX 75505) or fax (903-223-3140). Drop/withdraw forms missing any of the required information will not be accepted by the Registrar's Office for processing. It is the student's responsibility to ensure that the form is completed properly before submission. If a student stops participating in class (attending and submitting assignments) but does not complete and submit the drop/withdrawal form, a final grade based on work completed as outlined in the syllabus will be assigned.

GUIDELINES FOR ONLINE ASSIGNMENT

You will be expected to complete four (5) online assignments based on technologies and concepts covered in this class. Each assignment is worth 10% of your grade. The assignments are outlined and will be due as outlined in the calendar and will be posted on Blackboard. **You may post your completed assignments prior to the due date through Blackboard.**

Students will be expected to:

1. Complete the online assignment and submit electronically by the assigned date.

2. Participation in an on-going, web-based dialogue on the assignments with other students. This activity is a dialogue that simulates the discussions we would have in regular class meetings if this were a traditional classroom course.

Student Technical Assistance:

- Solutions to common problems and FAQ's for your web-enhanced and online courses are found at this link: <http://www.tamut.edu/webcourses/index.php?pageid=37>
- If you cannot find your resolution there, you can send in a support request detailing your specific problem here: <http://www.tamut.edu/webcourses/gethelp2.php>
- Blackboard Helpdesk contacts:

Office hours are: Monday - Friday, 8:00a to 5:00p

Kevin Williams (main contact) 903-223-1356 kevin.williams@tamut.edu

Frank Miller (alternate) 903-223-3156 frank.miller@tamut.edu

Nikki Thomson (alternate) 903-223-3083 nikki.thomson@tamut.edu

Technical Requirements

Minimum System Requirements

The following computer system requirements are recommended for an online course:

OS: Windows 2000/XP/Vista; Mac OSX 10.2 & above

RAM: 256 MB, Processor: 2.0 GHz, Free space on HDD: 500MB

Internet Connection: (Broadband/DSL preferred), Dial Up 56k minimum

Browser: Internet Explorer 6 or 7, Mozilla Firefox 2.0, Safari 1.0

Java: Version 6 Update 11 or later

Sound card and speakers

Software Requirements

Pop-up Blockers

All pop-up blockers installed on your computer must be set to allow pop-ups from Blackboard

Java Runtime Environment

You must have the Java Runtime Environment installed. This is a free plug-in for your browser that can be obtained by going to <http://www.java.com>

Additional Plug-ins

You may need additional software based on the content that your instructor posts in their course. Commonly needed applications are:

Microsoft Office 2007/2003/XP Suite/Works (not free software)

Adobe Acrobat Reader (free download)

Windows Media Player (free download)



Real Time Media Player (free download)

Quick Time Media Player (free download)

Macromedia/Adobe Flash (free download)

Macromedia/Adobe Shockwave (free download)

**Course Calendar
Fall 2011**

| Date | Module | Assignments | Location | Readings |
|---|--------|---|----------|-----------------------------|
| 09/01/11  | 1 | Online orientation and overview of course. Online question and answer session regarding assignments, grading, and final demonstration. | Online | |
| 09/08/11 | 2 | Partnership with Patients: Building a History; Cultural awareness; examination techniques and equipment. | Online | Chap. 1, 2, & 3 |
| 09/15/11 | 3 | Mental status; growth and measurement; nutrition | Online | Chap. 4,5 &6 |
| 09/22/11 | 4 | Assessment of pain; Skin, hair & nails; Lymphatic system Quiz #1: Chap 1-6 – due Sept. 23, '11 | Online | Chap. 7, 8 & 9 |
| 09/29/11 | 5 | Assessment of head and neck; Eyes, ears, nose and throat Assign #1 – due Sept. 30, '11 | Online | Chap. 10, 11 & 12 |
| 10/06/11 | 6 | Assessment of chest and lungs; Heart and blood vessels Quiz # 2: Chap 7-12 due Oct. 7, '11 | Online | Chap. 13, 14 & 15 |
| 10/13/11 | 7 | Assessment of breasts and axillae; Abdomen and female genitalia Assign #2 – due October 14 | Online | Chap. 16, 17 & 18 |
| 10/20/11 | 8 | Assessment of male genitalia; Anus, rectum, and prostate Quiz #3 Chap 13-16 due Oct. 21, '11 | Online | Chap. 19 & 20 |
| 10/27/11 | 9 | Assessment of the Musculoskeletal system; Assessment of the Neurologic system Assign #3 – due Oct. 28, '11 | Online | Chap. 21 & 22 |
| 11/03/11 | 10 | Sport Participation evaluation; Putting It All Together Quiz #4: Chap 17-22 due Nov. 4, '11 | Online | Chap. 23 & 24 |
| 11/10/11  | 11 | Clinical judgment; Recording information Assign: #4 – due Nov. 11, '11 | Online | Chap. 25 & 26 |
| 11/17/11 | 12 | Physical Assessment Videos & Assessment Documentation Assign # 5 due with video | TBA | If not previously completed |
| 12/01/11 | 13 | Physical Assessment Videos & Assessment Documentation Quiz #5: Chap 23–26 due Dec. 2, '11 Assign # 5 due with video | TBA | If not previously completed |
| 12/08/11 | 14 | Physical Assessment Videos & Assessment Documentation Assign # 5 due with video | TBA | If not previously completed |
| 12/15/11 | 15 | Course and Instructor Evaluations | Online | |

Thurs. Nov. 24



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Final Assessment Grading Criteria

Student Name: _____

Each student will have 45 minutes to complete entire assessment on lab partner.

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| I. General Survey: | | |
| A. Overview inspection | | |
| B. Preparation for Exam | | |
| | | |
| II. Neurological Function (LOC, Cranial Nerves, GCS) & VS | | |
| | | |
| III. Head and Neck (includes all systems) | | |
| | | |
| IV. Respiratory System | | |
| | | |
| V. Cardiovascular System (Circulation, Pulses, Heart tones) | | |
| | | |
| VI. Abdomen (includes GI, GU, Reproductive systems) | | |
| | | |
| VII. Musculoskeletal system (includes gait, strength, development) | | |
| | | |
| VIII. Integumentary | | |
| | | |
| IX. Peripheral Vascular system | | |

Faculty: _____ Date: _____

Final Assessment Demonstration: Pass _____ Fail _____

NURS 302 Health Assessment Practice Log

To receive credit for this course you will need to document your time spent in practicing assessment skills. The time includes viewing on-line video presentations of various assessment skills and practicing them on family members, friends, or patients you are caring for. You can find [Mosby's Nursing Videos](#) on the internet. This link takes you to an area you can search for various videos and other resources. If you find another good link, please share it with the class in the Discussion section of Bb.

OK, back to the documentation-this is actually the **fifth assignment** included in your final grade. I'm going to call it the Practice Log. Below is one way I thought you might use, you may come up with your own log, just so it is easy to read and there is a total number of hours. Please spend and document a minimum of **20 hrs**. The log will be due when you send me the video of your assessment.

| Area of Assessment | Activity | Date: | Time: | Total Hrs. | Comments |
|--------------------|----------|-------|-------|------------|----------|
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Feel free to copy, or create your own. Please include these areas.

Other areas you may count for your hours:

- Viewing videos and practicing skill
- Completing lab manual exercises, if you have one with your book
- Working on you final assessment
 - Developing study cards for flow of assessment
 - Practicing complete assessment
 - Filming assessment, note-If you are unable to video your assessment and must complete assessment with a faculty member, please contact me for details. prosise@tamut.edu 254-519-5487